



YOUR WELLNESS PROGRAMME SHOULD INCLUDE...

IDA SOLUTIONS



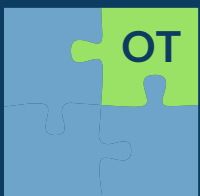
Workplace health and wellness programmes are an **important business strategy**. Not only are they essential for improving employee health and productivity, but they also reflect a business' reputation as a socially responsible employer.

Workplace health and wellness programmes attract new talent and **help retain and engage current employees**.



Workers who experience injuries and illness are frequently **away from their employment longer than necessary** or are not performing to their optimal ability. Some workers never return to work even though they could be productive with changes in job tasks, equipment or workspace.

IDA Consulting, and OT, delivers a culture of promoting healthy workplaces with focus on early interventions and self-management strategies that **build resilience and healthy work environments** that sustain productivity.



It is incumbent on policy decision-makers to **ensure that OT services are included in health management programmes** after illness, injury and disability