



LET'S TALK RESEARCH

ABSENTEEISM VS PRESENTEEISM

Absenteeism costs our economy R12 - R16 billion per year. Businesses are losing as much as 17% of their payroll every year due to absenteeism

Studies show that **presenteeism costs companies up to four times more** than absenteeism.

Presenteeism, the phenomenon when employees are at work but not being productive, could be **costing SA businesses R89 billion** i.e. employers are losing an average R596 566 per 100 employees per annum due to presenteeism

WELLNESS PROGRAMME EFFECTIVENESS

Only **40%** of the high risk population, for which most generic wellness programmes are designed, actually **engage in the programmes**

Yet, **less than 20%** of such populations are **ready to act**

Stigma, specifically regarding mental health & potential loss of employment, **limits participation**