

WHY ARE OUR CONSULTANTS TRAINED OCCUPATIONAL THERAPISTS?

OTs recognize that the health of the employee and the work environment are determined by a range of interacting factors

OTs approach workplace issues with this **unique perspective** that considers the occupation, the needs of the individual worker, work group *and* the organization.

OTs offer **solutions to common workplace issues** through solutions that can include ergonomics, nutrition and wellness, pain management, stress management, counseling, workplace safety equipment, health and safety policies, and life skills training.

OTs assist employers and others working with the worker such as union representatives, health and safety personnel and insurers to **determine the needs and concerns of the worker and organization**

The profession's belief in the inter-relationship among the person, occupation, and the environment uniquely positions occupational therapists to **provide quality and cost-effective solutions for workplace issues**



www.idaconsulting.co.za

010 211 9014

info@idaconsulting.co.za



UNIQUE



**COST
EFFECTIVE**



SOLUTIONS



**COMMON
WORKPLACE
CHALLENGES**